

# **The Music Practitioner**

e-Newsletter of The Music for Healing and Transition Program

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May 2015

### **MHTP Continuing Education Guidelines**

We thought it would be helpful to CMPs to give a bit of guidance on how to choose non-MHTP-sponsored courses, workshops, in-services, or conferences appropriate for MHTP CEUs.

#### I. Questions to ask yourself before applying for CEUs for a class:

- Does the content of this class duplicate content in MHTP curriculum or the module books I reviewed?
- Does the content of this class directly apply to my CMP work?
- Does the content of this class directly apply to other clinical professions? If so, is it beyond the Scope of Practice of a CMP?
- Is the content of this class direct, useful knowledge for a CMP?
- Is the content of the class required by my employer and not directly related to my practice?

Some examples of content not acceptable for MHTP CEUs:

- Information on patient care that is beyond a CMP's practice, such as wound care, restraint policy, pharmaceutical policy, patient teaching, and so forth.
- Music therapy modalities that are beyond the CMP Scope of Practice.
- Yearly HIPAA, safety, policy, and corporate mission education required by my employer.

II. If it is evident that some workshop content duplicates material already covered in the MHTP curriculum or is not applicable, then the number of CEUs requested may only represent the total seat-hours of new, directly applicable information.

#### III. MHTP CEU Guidelines - Music-related classes

- Music theory and skill classes must be directly related to the specifics of CMP work. Please read the CEU Verification Form for Music Lessons in the CEU section of http://www. mhtp.org for guidelines.
- Musical approaches not covered in the MHTP curriculum but useful for CMP practice are eligible for MHTP CEUs. Examples: culture-specific musical technique, ethnic scales or modes, accompaniment patterns and repertoire, improvisation technique and development useful for CMP work.
- Classes taken to learn an instrument the CMP is not certified in are not eligible for MHTP CEUs.
- Classes focused on developing technique, performance skills, and complex repertoire rarely used in CMP work are not eligible for MHTP CEUs.

- Classes about instrument care or regulation are not eligible for MHTP CEUs.
- Classes in injury prevention and ergonomics beyond the scope of the MHTP curriculum are eligible for MHTP CEUs.

# IV. Self-Care and Development or Trainings in Related Modalities

All trainings on one subject directly related to CMP practice or self-care that require extensive study or hours are limited to 20 CEUs in one 4-year period.

Please check with Melinda Gardiner and/or CEU Administrator to make sure that a training is eligible for MHTP CEUs before assuming that you may receive 20 CEUs for it.

# Save the Date: 2016 MHTP Conference July 13-16, 2016

We are delighted to announce that the 2016 MHTP conference will be held July 13-16, 2016, at The Presentation Center,



Los Gatos, CA, in the Santa Cruz Mountains. (See <a href="http://www.presentationcenter.org/">http://www.presentationcenter.org/</a>) We have very positive feedback from CMPs who have attended events at this facility, and we are happy to say that MHTP will be renting the entire conference center, enabling us to have the facility and grounds to ourselves.

This will be our first MHTP conference in California, and the first on the west coast since our 2008 conference in Portland, OR. We hope that many of our west coast CMPs will plan to attend!

Conference positions are available! We are accepting applications for the 2016 Conference Coordinator position. Please e-mail Melinda at *harp@taconic.net* for the job description and application information, if interested. Applications for Conference Coordinator must be received by June 1, so the Conference Coordinator and Conference Planning Committee can begin monthly meetings by July.

There are also conference committee chair positions available with reduced conference rate benefits. Please e-mail <code>harp@taconic.net</code> if you are interested in them or if you would like to become a member of the Conference Planning Committee. See page 3 for more information.

### **Continuing Education Offerings**

#### **Business Development for Therapeutic Musicians**

June 2015 - LIVE WEBINAR, Two days, 15 CEUs Taught by Cheryl Zabel, CMP and Washington Area Coordinator, who has utilized these techniques successfully in her own therapeutic musician business for the last five years. See separate announcement on this page for more information. Contact Cheryl at: cz56cmp76@icloud.com

#### Florida Enrichment Day

An enrichment day is being planned in Tampa, Florida. It will be taught by Carol Spears, MHTP faculty and Board President. Contact Carol at *caroljspears@cs.com* if you are interested in attending.

#### **Somerset Folk Harp Conference**

July 23-26, 2015 - Parsippany, NJ There are 25 classes eligible for MHTP CEUs at the Somerset Folk Harp Conference. For information: http://www. somersetharpfest.com/therapeutic.html

### For our singers – A radio series Vocal Chords - RTE lyric fm

p.m. GMT (2 p.m. EDT) is hosted by Irish sean-nós singer Iarla O'Lionaird. For a very interesting exploration of singing, here is a link to the first episode, which aired on May 1: http://www.rte.ie/lyricfm/the-lyric-feature/programmes/2015/0501/698219-the-lyric-feature-friday-1-may-2015/?clipid=1869881

This five-episode series in May and June each Friday at 7

## Congratulations to these new CMP®s!

#### Northeast

Joy Tesei - harp

#### South

Diane Priesmeyer - hammered dulcimer Andy Bruck - violin Debbie Lewis - voice, guitar, wooden flute Kristin Andes - harp, voice

#### **Mid-Atlantic**

Donna Streisfeld - harp

#### Midwest

Cathy Nye - piano, voice

#### West

April Brittany Mitchell - harp Jeri Day - voice, guitar

#### Northwest

Cory Howell - voice, guitar

#### International

Glenna Green - voice, guitar Gail Fox - harp

### National Standards Board for Therapeutic Musicians (NSBTM) News



The NSBTM Board and Representative Council have been very busy over the last months. There are two projects that will be of particular interest to CMPs.

The first is an initiative that was completed in April. This initiative was the presentation of a workshop on therapeutic music and the possibilities for collaboration between therapeutic musicians and music therapists at several of the regional American Music Therapy Association conferences. NSBTM Board member Dee Sweeney and AMTA Board member Judy Simpson worked together to create a PowerPoint template that the presenters could adapt and use.

The presentations were welcomed at the conferences, and this is a wonderful beginning of greater understanding between our professions! Thank you to CMPs Allen Dec, Cliff Conti, Emily Mills, DeLuna Tyrell, and Lynda Jardine, who presented at the respective conferences (VA, NH, and CA), and to the other therapeutic musicians who participated.

Our second initiative is the Friends of Therapeutic Music. One of the purposes of the NSBTM is to educate the public about our profession and to invite interested people and organizations to stay informed about advances in, and challenges to, our profession.

We have initiated the Friends campaign as a service, with the intention of providing a newsletter about new research, legislative initiatives in the states affecting our profession, and other developments of interest and concern, as well as other benefits. We invite individuals and organizations to join. See <a href="http://www.nsbtm.org/becoming-a-friend/">http://www.nsbtm.org/becoming-a-friend/</a> for more information.

### MHTP Advanced Training for All Students or Grads of NSBTM-Accredited Programs

Business Development Class – Live Webinar! Sponsored by MHTP Dates: June 13-14, 2015



There is an overwhelming need for therapeutic musicians to be employed. You may have said to yourself, "I have made huge investments of time, money, and a LOT of heart poured into my certification. Now how do I develop my business and how can I make a living at this?" This live webinar will walk you through the basics for what you need to be successful! **No travel required!** 

- 15 CEUs for 15 hours of training
- \$300 for entire weekend, including materials!
- Taught by Cheryl Zabel, CMP, and Washington State MHTP Area Coordinator, who has utilized these techniques successfully in her own therapeutic musician business for the last five years.
- Contact her at *cz56cmp76@icloud.com* for information, including system requirements and registration for this class.
- Cheryl is also willing to travel to present this training. Contact her if you would be interested in organizing it in your area.

## **MHTP Conference Job Descriptions**

#### CONFERENCE COORDINATOR ASSISTANT

Benefit: Full conference fee (MHTP fee + room & board) Is the "right-hand" of the Conference Coordinator before and during the conference.

- 1. Attend planning meetings.
- 2. Assist in supervision of committee chairs as directed during the conference by the Conference Coordinator.
- 3. Take on tasks as needed before and during the conference.

#### REGISTRATION COORDINATOR

Benefit: Full conference fee (MHTP fee + room & board)

- REGISTRATION COMMITTEE (VOLUNTEERS)
- 1. Collect all the registration forms as they come in before the conference.
- 2. Keep an Excel sheet on all data on food needs, room needs, volunteer offerings, arrival dates, and payments.
- 3. Arrange roommates and room numbers, keys.
- 4. Be available at the registration table as people arrive and as needed during the conference.
- 5. Coordinate registration committee volunteers. At end of conference, make sure that keys and other items are returned.

#### MHTP SALES TABLE COORDINATOR

Benefit: Full conference fee (MHTP fee + room & board) Is responsible for the MHTP Sales Table.

- 1. Set up the tables and receive products.
- 2. Track inventory as it comes in.
- 3. Make sure that the table is run properly at all times that the vendor area is open.
- 4. Provide final detailed tallies of merchandise sold.
- 5. Provide documentation for the MHTP Financial Administrator of MHTP merchandise sold and CMP merchandise sold.
- 6. Break down and clean up the area.

#### MHTP SALES TABLE ASSISTANT COORDINATOR

Benefit: \$50 conference reduction

#### MHTP SALES TABLE COMMITTEE (VOLUNTEERS)

- 1. Assistant Coordinator—receive training by Coordinator.
- Assistant Coordinator—train committee on the procedures for the sales table, using three documents—Instructions for MHTP Sales Table, MHTP Conference 2016 Sales Table Inventory List, and 2016 Conference Sales Price List.
- 3. Committee volunteers—work in minimum one-hour shifts.

#### PUBLICITY COORDINATOR

Benefit: MHTP conference fee (worth approximately \$300), responsible for own room & board only

- 1. Find publications suitable for advertising conference.
- 2. Arrange local publicity on radio, press, TV.
- 3. Do advertising needed for conference in newspapers, magazines, radio, particularly in the local area.
- 4. Stay within the conference ad budget. In 2012, this was \$300, including graphic artist. It may be more for 2016, if warranted.

#### SILENT AUCTION COORDINATOR

Benefit: MHTP conference fee (worth approximately \$300), responsible for own room & board only Coordinate the Silent Auction.

- 1. Solicit items before conference.
- 2. Set up tables and items.
- 3. Create signage and forms.
- 4. Run the auction.
- 5. Provide final detailed tallies of merchandise sold.
- Provide documentation for the MHTP Financial Administrator of MHTP Merchandise sold and CMP merchandise sold.
- 7. Break down and clean up the area.

#### ENVIRONMENTAL & STAGE MANAGEMENT COORDINATOR

Benefit: \$150 conference reduction

#### **ENVIRONMENTAL COMMITTEE (VOLUNTEERS)**

This committee has a list of all AV equipment required for staff and presenters, locations for set-up, and times.

- 1. Work with tech to make sure all AV needs are met.
- 2. Keep the main conference room neat and welcoming.
- Set up chairs and keep things orderly as the conference proceeds
- 4. Assist in setting up the general areas, registration tables, tables and chairs in presentation rooms.
- 5. Manage signage for registration table and room locations.
- 6. Make sure flower arrangements are in main conference area.
- 7. This committee assists the breakdown/cleanup committee at end of conference, if needed.

#### HOSPITALITY COORDINATOR

Benefit: \$50 conference reduction

Train volunteers, all have colored name tags, be introduced to group.

- 1. Put welcome bags and candies in presenters' rooms.
- 2. Question and answer person, for example: "Where is my room?"
- 3. Make sure that each presenter has a host who assists him or her as needed throughout the conference.

#### **HOSPITALITY COMMITTEE (VOLUNTEERS)**

Help the registration committee with registration packets/bags and other items.

# RECEPTION COORDINATOR (VOLUNTEER) RECEPTION COMMITTEE (VOLUNTEERS)

Make sure all arrangements for the reception are in place and the room is set up properly. Aid in the food/drink set-up, if necessary.

#### BREAKDOWN/CLEAN-UP COORDINATOR

Benefit: \$50 conference reduction

#### **BREAKDOWN/CLEAN-UP COMMITTEE**

- 1. Supervise clean-up of all the spaces used for the conference, as required by The Presentation Center.
- 2. Check and make sure that the residences are left as required.
- 3. Remove all signage at the end of the conference

If you are interested in serving in one of these positions, or as Conference Coordinator, please contact Melinda Gardiner at *harp@taconic.net* for more information.

#### Scheduled Modules 2015/2016

Check *http://www.mhtp.org*, as we will be adding new sites over the next months. Contact MHTP via e-mail at *mhtp@mhtp.org* if you are interested in enrolling in any of the class sites listed below.

### MODULE ONE (Patient Assessment for Live Therapeutic Music/Injury Prevention)

Ann Arbor, Michigan June 20-21, 2015 Craryville, New York Camp July 19-21, 2015 Tampa, Florida October 3-4, 2015

# MODULE TWO (Music as a Language)

Chicago, Illinois May 16-17, 2015 Craryville, New York Camp July 21-23, 2015 Ann Arbor, Michigan August 8-9, 2015 Tampa, Florida December 5-6, 2015

# MODULE THREE (Paradigms of Healing/Sound, Music, & Healing)

Wilmington, North Carolina
Chicago, Illinois
Morristown, New Jersey
Craryville, New York Camp
Ann Arbor, Michigan
Tampa, Florida
June 6-7, 2015
August 1-2, 2015
September 6-8, 2015
October 3-4, 2015
February 6-7, 2016

# MODULE FOUR (Etiquette and Internship/Profession of CMP®)

Baltimore, Maryland Wilmington, North Carolina Craryville, New York Camp Chicago, Illinois Ann Arbor, Michigan Tampa, Florida

June 27-28, 2015 August 8-9, 2015 September 8-10, 2015 September 19-20, 2015 December 5-6, 2015 April 2-3, 2016

#### Of Interest

ABC News ran a story on lullabies as medicine for premature babies. See: http://abcnews.go.com/Health/lullaby-medicine-premature-babies/story?id=19430621#.UcGtT9jAETA

# MODULE FIVE (Alterations in Health/Care of the Dying/ Clinical Practicum)

Concord, New Hampshire Denver, Colorado Baltimore, Maryland Wilmington, North Carolina Chicago, Illinois Ann Arbor, Michigan Tampa, Florida May 15-17, 2015 August 14-16, 2015 September 18-20, 2015 October 2-4, 2015 November 13-15, 2015 February 5-7, 2016 June 3-5, 2016

#### We Want to Hear From You

If you have a "Day in the Life of a CMP" story to share; if your activities as a CMP have been featured in a recent newspaper, radio, TV, or online story; or if you have tips on marketing, raising funds, getting grants, documenting your work, or other ideas that CMPs could use, please submit your information to MHTP newsletter editor Linda Grobman at *lindagrobman@gmail.com*. If you are interested in writing an article for the newsletter, please send Linda a brief e-mail describing your story idea prior to writing the article.

# **Spreading the Word**

There are many ways to spread the word about our profession so that other musicians might be exposed to this fulfilling path of service. The Directors of MHTP invite CMPs and students to consider writing and submitting an article about your experience in the program and/or work as a therapeutic musician to your college or music school newsletter or alumni magazine. Or, perhaps you are part of an alumni or instrumental online group. For example, many of your final summaries before graduation are quite inspiring. Consider sharing your experience more widely with colleagues and friends.



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